

40 Ways to Save Money on Utilities



Water












































Electricit



Natural Gas

	What You Save	What To Do
1		Turn off water when you shave, brush your teeth, or lather your hands.
2		Wash vegetables and fruits in a large bowl instead of letting faucet run.
3		Reuse the water used for rinsing food items to water house plants.
4		Regularly check hoses, pipes and faucets for leaks.
5		Soak dirty pots and pans for several minutes to cut down the washing time.
6		Clean the car using a pail of soapy water instead of running the hose.
7		Keep the lawn mowed tall in summer (at upper recommended limit-about 2 inches) to help shade the soil and reduce evaporation.
8		Plant drought-resistant shrubs and plants, which require less water.
9		Water the home garden in early morning when least evaporation occurs.
10		Put a layer of mulch around trees and plants to keep the moisture in the soil.
11		Use kitchen garbage sink strainer instead of garbage disposal which needs a good flow of water to fully dispose garbage.
12		Only run dishwasher or washing machine, when it's fully loaded.

13		Replace regular showerheads with low-flow models.
14		Take shorter showers. Average 5-minute shower takes 15-25 gallons of water, as compared to 40 gallons in 10 minutes.
15		Insulate water pipes to shorten the time needed to get warm water.
16		Don't use warm water to defrost frozen foods; place frozen items in the refrigerator overnight.
17		Keep your freezer full so it uses less energy.
18		Use small gadgets such as microwave, toaster oven, single burner, etc.
19		Avoid opening the refrigerator door too often.
20		Clean your refrigerator's coils to optimize its efficiency.
21		Let hot food cool down to the room temperature before putting it in the refrigerator.
22		Use a power strip to get rid of phantom electricity
23		Unplug electronics when they are not in use.
24		Air dry your clothes.
25		Install motion sensors inside and/or outside the house so lights only come on when needed.
26		Use programmable thermostat to adjust temperature automatically for different periods (e.g., morning, night, nobody at home).
27		Buy energy star appliances.

28	 	Turn off burner and use residual heat to finish the cooking.
29	 	Use the oven for baking multiple things, for example, baking bread and snacks at the same time.
30	 	Use the right size burner for pots to avoid heat loss.
31	 	Cook with the lids on so heat won't escape.
32	 	Lower the temperature on the water heater to 120°F.
33	 	Insulate hot-water storage tank so not to waste power.
34	 	Wash clothes in cold water; only use warm water when you wash dirty or stained clothes.
35	 	Change air filters frequently to ensure smooth airflow.
36	 	Use house fans instead of air conditioning.
37	 	Seal household cracks and close any unused air vents.
38	 	Use weather strip to seal doors and windows.
39	 	Insulate you attic to avoid heat loss.
40	 	Conduct house energy audits—local utility companies offer free or low-cost home energy audits that can help you assess what measures to take for improving energy efficiency.

Note: Different heating systems use electricity or natural gas as energy, so some items on the list above show you can save either electricity or natural gas.